

and supported by our Evolutionary Self and caring friends is energizing and generative. This evolution toward a more sustainable future and related presence is our destiny. And even though it is a shared destiny, it is also one that always starts with individuals making conscious choices, moment by moment.

OARSS™ Review

Hopefully, I have given you the tools that you need to cultivate a mutually fulfilling partnership in your new relationship with money, but just like with a graduation from high school or college, there is still the work of your life to be done. You still have to go out into the world, *your* world, and do the work that *you* are meant to do. Some days it will be tedious and disappointing, and other times it will be awe-inspiring. But it is your life to be experienced and no one can live it for you.

This is where the rubber hits the road, because there *cannot be* any white knight charging to your rescue—not in a white sports car, by a sleek Lear jet, with a check from the state lottery commission or through the “perfect” relationship. There is only *you* to choose how *you* show up every day in *your* own life. There is only *you* to do the practice with *your* instrument so that you can play in harmony with the orchestra. The more of us that choose to show up grounded in sufficiency, the more likely the orchestra is going to be playing a pleasing tune.

Remember to *use* the OARSS in your toolbox:

- » **O**bserve sensations. Notice the energy around you.
- » **A**sk questions. Open yourself to different possibilities.
- » **R**elease anything that is in your way. Be willing to let go of things that no longer serve you.



- » Set a clear direction. Follow your own lights.
- » Show up and take action as if you are the change you want to see in the world.

If you are now committed to being a person who is a powerful creator—then what do you want to create? The real answer lies in how you are showing up in your world. How are you affecting this field of synchronicity? Are you contributing to the harmony or the dissonance? Ask yourself what role you are playing. What character are you being in your own play?

- Are you the victim of a world that is always ready to chomp you up and spit you out or are you showing up